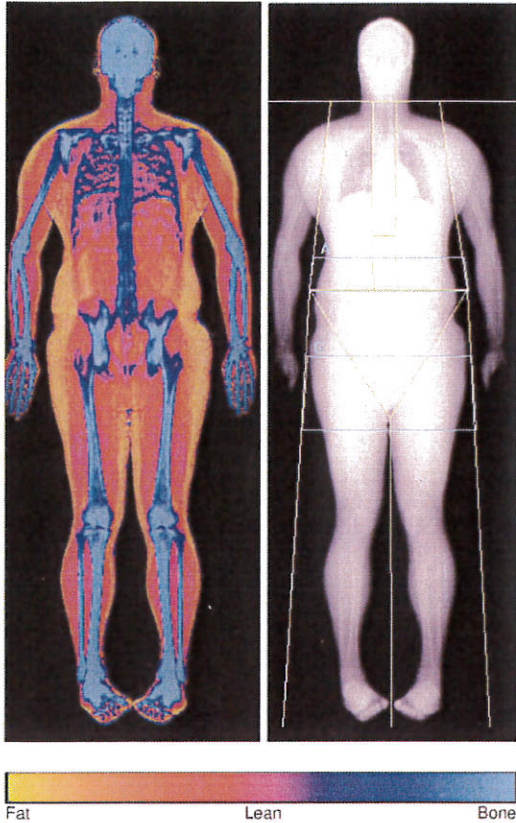


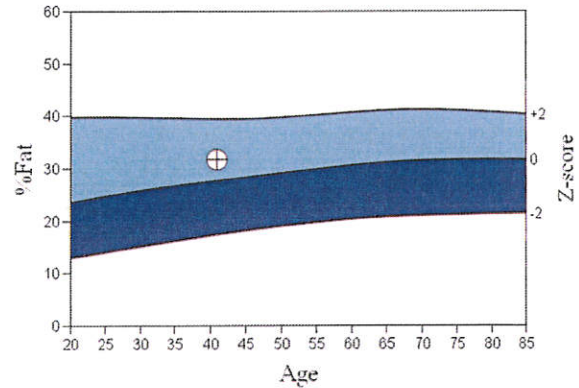
Name: Advanced WB JJ
 Patient ID: 65489
 DOB: May 05, 1968

Sex: Male
 Ethnicity: White

Height: 71.5 in
 Weight: 228.0 lb
 Age: 40

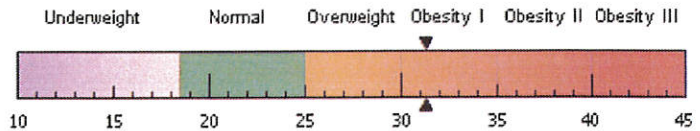


Total Body % Fat



Source: 2008 NHANES White Male

World Health Organization Body Mass Index Classification
 BMI = 31.4 WHO Classification Obesity I



BMI has some limitations and an actual diagnosis of overweight or obesity should be made by a health professional. Obesity is associated with heart disease, certain types of cancer, type 2 diabetes, and other health risks. The higher a person's BMI is above 25, the greater their weight-related risks.

Body Composition Results

Region	Fat Mass (g)	Lean+ BMC (g)	Total Mass (g)	% Fat	%Fat Percentile YN	AM
L Arm	1588	3907	5496	28.9		
R Arm	1713	4036	5749	29.8		
Trunk	17339	34588	51928	33.4		
L Leg	5251	11901	17151	30.6		
R Leg	5811	12218	18029	32.2		
Subtotal	31703	66650	98353	32.2		
Head	1400	4273	5673	24.7		
Total	33103	70923	104026	31.8	84	77
Android (A)	3195	5294	8490	37.6		
Gynoid (G)	5831	11450	17281	33.7		

Scan Date: April 17, 2009 ID: A04170906
 Scan Type: a Whole Body
 Analysis: June 11, 2009 13:42 Version 13.0
 Auto Whole Body Fan Beam

Operator:
 Model: Discovery A (S/N 45539)
 Comment:

Adipose Indices

Measure	Result	Percentile YN	AM
Total Body % Fat	31.8	84	77
Fat Mass/Height ² (kg/m ²)	10.0	85	76
Android/Gynoid Ratio	1.12		
% Fat Trunk/% Fat Legs	1.06	80	50
Trunk/Limb Fat Mass Ratio	1.21	86	52

Lean + BMC Indices

Measure	Result	Percentile YN	AM
(Lean + BMC)/Height ² (kg/m ²)	21.5	78	70
Appen. (Lean + BMC)/Height ² (kg/m ²)	9.72	71	67

YN = Young Normal
 AM = Age Matched

Age Adjusted Body Composition Results

Are you healthy and in good shape? Under fat or overweight? Skinny or obese? Need to change your diet? Should you be exercising more?

If these are your concerns of these days please find below the ideal values of body fat percentage for men and women at different ages.

The following recommendations were developed by the World Health Organization in collaboration with American National Institute of Health.

For women:

Age	Underfat	Healthy	Overweight	Obese
20-40 yrs	Under 21%	21-33%	33-39%	Over 39%
41-60 yrs	Under 23%	23-35%	35-40%	Over 40%
61-79 yrs	Under 24%	24-36%	36-42%	Over 42%

For men:

Age	Underfat	Healthy	Overweight	Obese
20-40 yrs	Under 8%	8-19%	19-25%	Over 25%
41-60 yrs	Under 11%	11-22%	22-27%	Over 27%
61-79 yrs	Under 13%	13-25%	25-30%	Over 30%